

Curriculum Intent and Breadth- PE



PE Intent

At Brook, our children will experience a broad range of sporting activities by developing their knowledge, skills and vocabulary. They will develop life skills such as fairness and respect and improve skills and fitness within the units provided to them each half term. Some of these activities will include; dance, gymnastics, athletics, games and swimming. We are fortunate to have sport coaches, each week, who work with the staff and children to deliver specific subject lessons.

	Autumn Term				Spring Term				Summer Term			
Pre-school	Dance: Nursery Rhymes				Ball Skills – Hands 1				Gymnastics – Moving			
Reception	Dance: Ourselves		Locomotion – Walking & Jumping		Gymnastics: High, Low, Over, Under		Ball skills – Hands 2		Ball Skills – Feet 1		Games for Understanding	
Year 1 (PPA)	Ball skills – Hands 1	Dance: The Zoo	Team Building	Health and Wellbeing	Gymnastics: Wide, Narrow and Curled	Locomotion – running	Ball skills – Feet	Locomotion – jumping	Games for Understanding	Ball skills – Rackets Bats and Balls	Ball Skills – Hands 2	
Year 2	Dance: Explorers	Team Building	Ball Skills – Hands 1	Health and Wellbeing	Gymnastics: Linking	Ball skills – Feet	Ball skills – Rackets Bats and Balls	Locomotion – running	Games for Understanding	Locomotion – Dodging	Ball Skills – Hands 2	
Year 3	Dodgeball	Hockey	Dance: Wild Animals	Rugby (Rugby & Read with Stourbridge Rugby club)	Gymnastics: Symmetry & Asymmetry	Basketball	Health and Wellbeing - Mindfulness	Boccia	Handball	Tennis	Outdoor and Adventurous: Communication and Tactics	Athletics
Year 4 CPD	Dance: Space	Swimming or Netball		Dodgeball	Gymnastics: Bridges	Swimming or Health and Wellbeing - Mindfulness		Tennis	Outdoor and Adventurous: Problem Solving	Swimming or Cricket		Athletics

Year 5 PPA/CPD	Health Related Exercise	Tag Rugby	Dance: The Circus	Netball	Gymnastics: Counter Balance & Counter Tension	Football	Cricket	Hockey	Outdoor and Adventurous - Orienteering	Handball	Rounders	Athletics
Year 6	Health related Exercise	Tag Rugby	Dance: Carnival	Hockey	Gymnastics: Matching and Mirror	Tennis	Cricket	Boccia	Outdoor and Adventurous - Leadership	Basketball	Rounders	Athletics

Highlighted text – taught by Sportplus

It is suggested each child has two hours of Physical Education each week. Reception and Nursery pupils have a PE session plus access to physical activities throughout the week.